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Revision

Test yourself: nibbana

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After reading the 'AQA special' on pp. 8–11, see if you can match the definitions to the technical terms.

Definition	Term
Arahant or Arhat	Actions caused by mental formations. Sanskrit: karma.
Dukkha	Twelve 'links' of conditioned arising.
Kamma	One who has realised nibbana in this life and is no longer to be reborn.
Nibbana	Transfer of energies from one life to the next at the point of death.
Nidanas	Suffering; the first Noble Truth.
Nirodha	Full and final nibbana beyond the cycle of existence.
Parinibbana	To stop (thirst, grasping or attachment); the third Noble Truth.
Paticcasamuppada	Literally 'thirst' or sometimes translated as 'grasping' or 'attachment'; the second Noble Truth.
Rebirth	The Buddhist notion of enlightenment, glimpses of which can be achieved during the final stage of the cycle of existence as an arahant.
Samsara	The Buddhist concept of conditioned arising.
Tanha	Cycle of existence; literally meaning 'around and around'.

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