

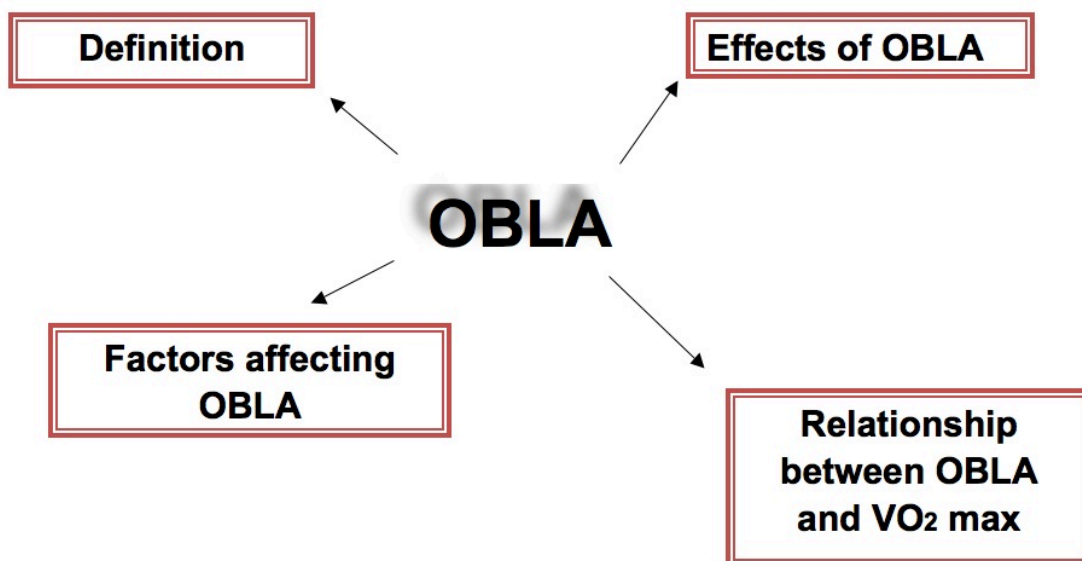
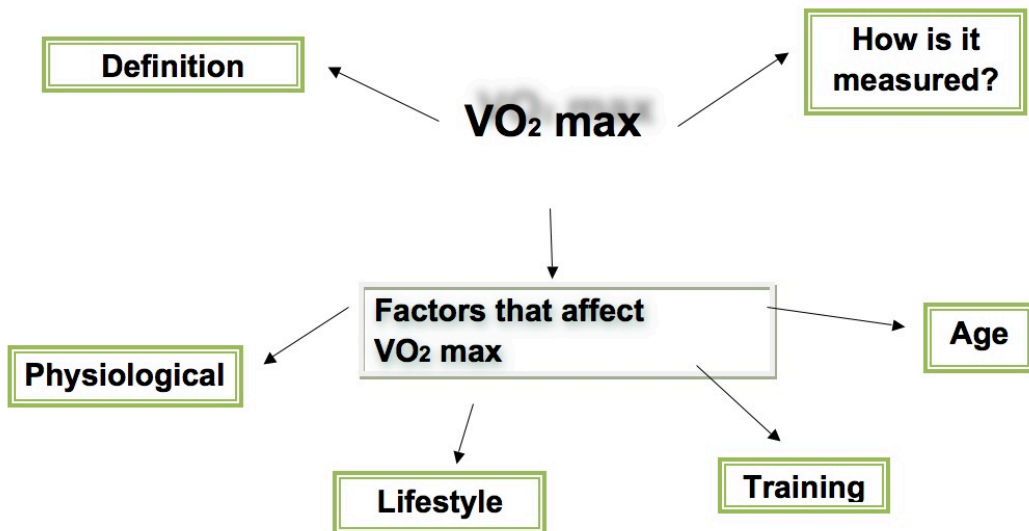
Volume 11, Number 3, April 2016

Activity

VO₂ max worksheet

Mike Murray

Complete the definitions after reading the article on pp. 24–27 of the magazine.



This resource is part of PE REVIEW, a magazine written for A-level students by subject experts. To subscribe to the full magazine go to www.hoddereducation.co.uk/perreview