

Exam Board and Specification	Exam Board Unit	Section	Topic
AQA	AS Unit 1: Opportunities for and the effects of leading a healthy and active lifestyle	Anatomy and Physiology	Topic 1 1-5
		Anatomy and Physiology	Topic 4 1-5
		Anatomy and Physiology	Topic 5 1-6
		Anatomy and Physiology	Topic 6 1-4
		Anatomy and Physiology	Topic 7 1-6
		Anatomy and Physiology	Topic 11 1-2
		Sociocultural and historical studies	Topic 1 1-5
		Sociocultural and historical studies	Topic 2 1
		Sociocultural and historical studies	Topic 4 1-4 + 6
		Sociocultural and historical studies	Topic 5 1
		Sociocultural and historical studies	Topic 6 1-4
		Sociocultural and historical studies	Topic 12 1-3
		Sociocultural and historical studies	Topic 14 1-6
		Skill Acquisition	Topic 1 1-2
		Information processing	Topic 2 1,3
		Information processing	Topic 3 1,2,3
		Information processing	Topic 4 1
	Learning and performance	Topic 5 1,2,3,4,5,6,7	
	AS Unit 2: Analysis and evaluation of physical activity as performer and/or in an adopted role/s	Anatomy and Physiology	Topic 10 1-2
		Anatomy and Physiology	Topic 11 3-6
		Skill Acquisition	Topic 6 1,2,3,4
		Skill Acquisition	Topic 2 2

AQA	A2 Unit 3: Optimising performance and evaluating contemporary issues within sport	Anatomy and Physiology	Topic 2 1-4
		Anatomy and Physiology	Topic 8 1-6
		Anatomy and Physiology	Topic 9 1+2
		Anatomy and Physiology	Topic 11 2
		Anatomy and Physiology	Topic 13
		Sociocultural and historical studies	Topic 3 1+2
		Sociocultural and historical studies	Topic 5 1+2
		Sociocultural and historical studies	Topic 7 1-6
		Sociocultural and historical studies	Topic 8 1+2
		Sociocultural and historical studies	Topic 9 1+2
		Sociocultural and historical studies	Topic 12 1-3
		Sociocultural and historical studies	Topic 13 1-3
	Section B in exam	Personality	Topic 8 1
		Arousal	Topic 10 -3
		Anxiety	Topic 10 6,7
		Attitudes	Topic 8 2
		Aggression	Topic 8 2
		Confidence	Topic 10 2
		Attribution	Topic 10 9
		Group success	Topic 9 2
	Leadership	Topic 9 1	
	A2 Unit 4: Philosophical Problems		

Edexcel	AS Unit 1 Participation in Sport and Recreation	Anatomy and Physiology	Topic 4-5
		Anatomy and Physiology	Topic 7 all
		Anatomy and Physiology	Topic 10 all
		Anatomy and Physiology	Topic 11 all
		Anatomy and Physiology	Topic 12 all
		Sociocultural and historical studies	Topic 2 1
		Sociocultural and historical studies	Topic 3 1
		Sociocultural and historical studies	Topic 4 1-6
		Sociocultural and historical studies	Topic 5 1+2
		Sociocultural and historical studies	Topic 6 1+2
		Sociocultural and historical studies	Topic 7 1-3
		Sociocultural and historical studies	Topic 8 1-3
		Sociocultural and historical studies	Topic 9 1+2
		Sociocultural and historical studies	Topic 11 1-3
		Sociocultural and historical studies	Topic 13 1-5
	AS Unit 2 The Critical Sports Performer		
	A2 Unit 3 Preparation for Optimum Sports Performance	Anatomy and Physiology	Topic 13 all
		Anatomy and Physiology	Topic 8 3+5+6
		Anatomy and Physiology	Topic 10 2+6
		Anatomy and Physiology	Topic 9 all
		Sociocultural and historical studies	Topic 5 1+2
		Sociocultural and historical studies	Topic 6 1-3
		Sociocultural and historical studies	Topic 7 6
		Sociocultural and historical studies	Topic 10 1+2
		Motivation and stress control	Topic 10 5,6,7
		External influences	Topic 10 8
	A2 Unit 4 The Developing Sports Performer		

OCR	AS Unit G451: <i>An introduction to Physical Education</i>	Anatomy and physiology	Topic 1 all
		Anatomy and physiology	Topic 2 all
		Anatomy and physiology	Topic 3 4
		Anatomy and physiology	Topic 4 all
		Anatomy and physiology	Topic 5 all
		Anatomy and physiology	Topic 6 all
		Sociocultural and historical studies	Topic 1 1, 3 +5
		Sociocultural and historical studies	Topic 2 1
		Sociocultural and historical studies	Topic 3 1+2
		Sociocultural and historical studies	Topic 4 1-5
		Sociocultural and historical studies	Topic 5 1+2
		Sociocultural and historical studies	Topic 6 1+2
		Sociocultural and historical studies	Topic 7 1+4+6
		Sociocultural and historical studies	Topic 8 1-3
		Sociocultural and historical studies	Topic 9 1+2 Topic 10 1-3
		Acquiring movement skills classification	Topic 1 1,2
		Development of skills	Topic 5 1
		Development of skills	Topic 6 1,2,3,4
		Information processing	Topic 2 1,2,3
		Information processing	Topic 3 1,2,3
	Motor control	Topic 4 1	
	Motor control	Topic 5 6	
	Learning skills	Topic 5 2,3,4,5	

OCR

AS Unit G452: <i>Acquiring, developing and evaluating practical skills in Physical Education</i>		
A2 Unit G453: <i>Principles and concepts across different areas of Physical Education</i>	Anatomy and physiology	Topic 7 all
	Anatomy and physiology	Topic 8 all
	Anatomy and physiology	Topic 9 just 1
	Anatomy and physiology	Topic 10 all
	Anatomy and physiology	Topic 11 all (but not skill components of fitness)
	Anatomy and physiology	Topic 12 all
	Anatomy and physiology	Topic 13 all
	Historical option	Topic 11 1-3
	Historical option	Topic 12 1-4
	Historical option	Topic 13 1-5
	Historical option	Topic 14 1-5
	Comparative option	Topic 5 1-2
	Comparative option	Topic 10 1-2
Option B1 sports psychology	Individual aspects	Topic 8 1,2
	Individual aspects	Topic 10 9
	Group dynamics	Topic 9 1,2
	Group dynamics	Topic 10 8
	Mental preparation	Topic 10 2,3,4,5,6,7
A2 Unit G454: <i>The Improvement of effective performance and the critical evaluation of practical activities in Physical Education</i>		